

23 June 2018

By: Mika Ana Sususco-Frio

Special Thanks To:



In Partnership With:



LUISA

Lupus inspired advocacy



UST Rheumatology Lupus Clinics

San Vicente I-C, UST Hospital

Another Lupus Clinics was successfully completed with the help of both graduating and new medical clerks, a postgrad intern, Rheumatology fellows and consultants, and support staff. A total of 43 patients came for consult on Saturday, 23 June 2018, at the University of Santo Tomas Hospital. Of these, there were 40 lupus patients with a variety of reasons for consult ranging from routine follow-up to disease flares, to adjustment in medications. In addition to the specialized medical services, light snacks (*yummy* chicken lollipop *and* cheese pimiento pds) kept everyone from hypoglycemia despite the extremely busy morning.



Patients with caregivers awaiting their turn for check-up share stories with each other, and with medical clerks who dutifully record their vitals.



Medical clerks are supervised by rheumatology fellows

Special Thanks To:



In Partnership With:



LUISA
lupus inspired advocacy



We were blessed to have with us that day, all the way from the USA, Ms. Melanie Roda fondly called “Tita Lanie”, of ESEL Four Helping Hands – formed by Tita Lanie and 3 other wonderful ladies. With support of friends and family, she organized a benefit concert in Connecticut, USA, in loving memory of her daughter Ariane, and donated the proceeds to Lupus Inspired Advocacy (LUISA).

Ariane, diagnosed with Lupus at age 17 was a beautiful, intelligent, strong-willed young lady with a big heart, who remained cheerful and resilient despite the multitude of medications, infusions and procedures that she had to undergo due to a stormy unpredictable illness. Although she succumbed to lupus last year at age 28, she devoted her life, lupus experience and career (she was a nurse) to helping doctors and scientists have a better understanding of lupus. With their enduring love for Ariane, “Tita Lanie” and the rest of Ariane’s family through ESEL Four Helping Hands, decided to continue her legacy to help other lupus patients. Special thanks to charming Guiane Fortich who paved the way to make this partnership possible.



Dr. Sandra Navarra with Ms. Melanie Roda (seated at right)

Acknowledgment to the hard-working UST Rheumatology team: Consultants Drs. Navarra, Llamado, Ngo, Briones, Zamora, Yap-Edar; Fellows Drs. Santos, Molina, Cuenco, Frio, Bayson, Navarroza, Yap, Mula, Dela Cruz, Natanauan; Staff Robelle, Haydee, Marlon.