

Rheumatology

Case Discussions

“IMPROVING ILD AND PAH OUTCOMES IN THE CTDS:
2 PATIENTS, DIVERGING PATHWAYS”

7:00 AM, Saturday 23 February 2019, 1-I San Vicente conference rooms, UST Hospital

Case presenters: Dr. Mika Ana S. Frio, Dr. Katrina Joy C. Chua

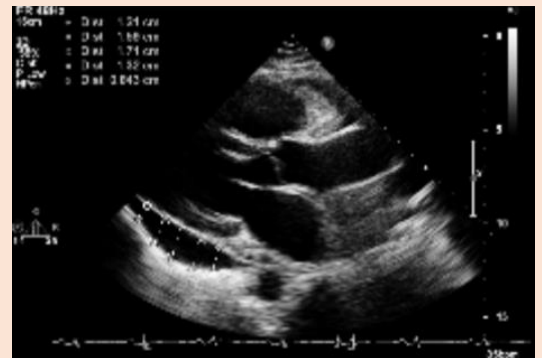
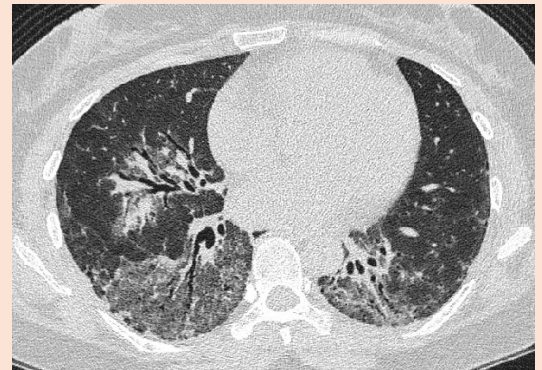
Chair: Dr. Sandra V. Navarra

Experts: Dr. Juan Javier T. Lichauco (Rheumatology), Dr. Ivan N. Villespin (Pulmonology)

2 PATIENTS, DIVERGING PATHWAYS

Pulmonary manifestations in CTDS are diverse and may range from acute pneumonitis to chronic pulmonary hypertension and interstitial lung disease. Presented by UST Rheumatology Fellow, Dr. Mika Ana Sususco-Frio, the first case typified the natural course of a patient with diffuse cutaneous systemic sclerosis and scleroderma-related interstitial lung disease. New advances in treatment and standards in monitoring were discussed by SLMC Rheumatology Section Chief, Dr. Juan Javier Lichauco. The second case presented by SLMC Fellow,

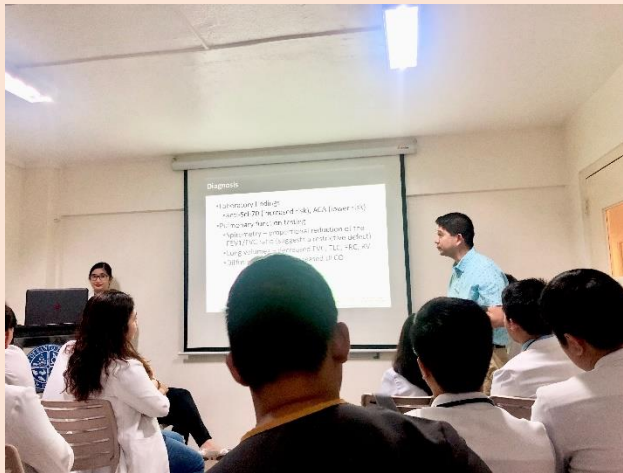
Dr. Katrina Joy Chua, was systemic lupus erythematosus associated with pulmonary arterial hypertension (PAH). The case was complicated by the presence of a right atrial thrombus. The diagnostic approach to PAH and updates in the classification highlighted the discussion. PAH expert Dr. Ivan Villespin gamely shared with the audience his mnemonics on monitoring W (NYHA/WHO Classification) E (6MWT, CPET) B (BNP) E (echocardiography) R (RHC).



STANDING ROOM ONLY

A session moderated by the UST Rheumatology Section Chief, Dr. Sandra Navarra is always a much anticipated event. The venue was packed with clinical clerks, medical residents and fellows. Rheumatology Junior Consultants, Dr. Leonid Zamora and Dr. Sorrah Fiel Briones were also in attendance. Even before the discussions began, “standing room only”(SRO) was declared in 1-I. When the event concluded, the attendees partook in a hearty breakfast of Arroz Caldo with egg, chicken lollipop, pimiento pan de sal and coffee.

PHOTO GALLERY



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