

FORGING ALLIANCES IN LUPUS

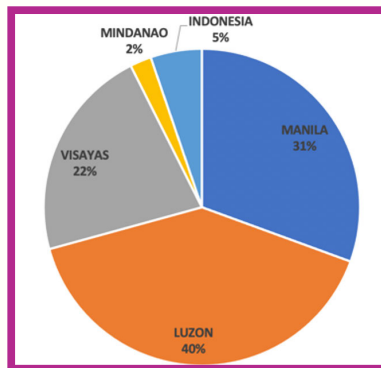
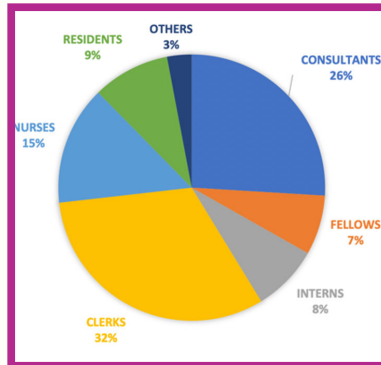
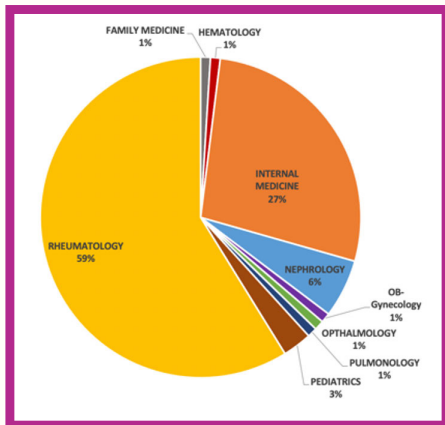
Renal Insufficiency in LN, Disseminated TB, and Thrombocytopenia in SLE/APS

By Elbert Mendez and Martin Carbonel

LUPUS ROADSHOW 2020

WEBINAR SERIES

21 NOVEMBER 2020



Program

8:00 - 9:00 AM Plenary

Antiphospholipid Syndrome in SLE

Prof. Michelle Petri

1:00 - 3:00 PM Case Discussion

Renal Insufficiency in LN, Disseminated TB, and Thrombocytopenia in SLE/APS

Dr. Stephanie C. Andres
Dr. Maria Rhona G. Bergantin
Dr. Ditas D. Decena
Dr. Flordeluna Z. Mesina

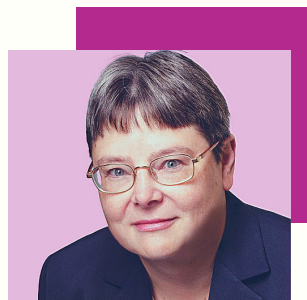
Plenary Lecture on APS in SLE by Prof. Michelle Petri

After we've been indulged by a case of pregnant lupus with renal flare in 14 November roadshow webinar, this next chapter challenged us with yet another rollercoaster ride of events from a patient who had deteriorating kidney function, disseminated tuberculosis (TB), and drug-induced thrombocytopenia.

And yes, it gets more and more exciting and challenging for our multidisciplinary distinguished panelists as they face a case that defines an internist.

The Saturday event was held last 21 November 2020 as a two-part series of plenary in the morning and case discussion in the afternoon. We were joined by an outstanding 236 participants from different fields of medicine as we embarked and learned from a real life case with ongoing dilemma.

We were very privileged and indeed blessed to have Professor Michelle A. Petri, a world-renowned professor of medicine from Johns Hopkins University and director of the Hopkins Lupus Center, as our live morning plenary speaker where she talked on thrombocytopenia in antiphospholipid syndrome (APS).



She delivered a very lively, timely, updated, and straight-forward lecture, which focused on advancements in antiphospholipid antibody assays, complementopathies, APS criteria and manifestations, and thrombotic risks.

She also had discussions on relationship of APS in SLE and gave opinions on inclusion of other specific antibodies in the criteria. Although it was late night in Boston and early morning on our time zone, she awoken every minds of attendees and were even fortunate for her to exchange questions and answers towards the end. She left everyone in amusement and eager for the afternoon session where her lecture will be much applicable.



Case Discussion

Building up the excitement, the afternoon session presented a case of a 29-year-old lupus nephritis patient with increasing creatinine, fever, and pelvic mass, all leading to the diagnosis of disseminated TB. We were joined by our very own experts from University of Santo Tomas Hospital: Dr. Stephanie C. Andres (Nephrologist), Dr. Maria Rhona G. Bergantin (Infectious Disease Specialist), Dr. Ditas D. Decena (OB-Gynecologist), and Dr. Flordeluna Z. Mesina (Hematologist). It is already a proven fact that TB is one of the more common infection in SLE and it commonly presents with extrapulmonary disease. This case was not an exemption but interestingly and unexpected, was the involvement of the adnexa. During the discussion, Dr. Andres reiterated the causes of increasing creatinine and it cannot be overemphasized that the culprit is not always SLE, hence the title “Lupus or Not Lupus.” The panelists each gave their thoughts and exchanged views and queries about the case, which enlightened everyone about the complexities of lupus and its comorbid conditions.



However, it didn't end there. Later in the course, we were puzzled and placed at the edge of our seats when we were faced with a symptomatic profound thrombocytopenia. The second half of the case refreshed us about the lecture of Prof. Petri on thrombocytopenia in APS. It also taught us about the importance of knowing drug interactions and adverse effects. During the panel discussion, Dr. Mesina joined the panel in enlightening us about the causes of and approach to thrombocytopenia and the importance of finding out the culprit. Again, going back to the question of “is this Lupus or Not Lupus?”

It was indeed a rewarding three hours of bountiful learnings and shared experiences. Way to go for the organizing committee as well as the enthusiastic moderators, Dr. Melissa Aquino-Villamin and Dr. Lenore Rosario Lugue-Lizardo. We are already halfway thru the series and we're all looking forward to more upcoming case discussions highlighting the complexities of lupus.



With great gratitude, we would like to acknowledge the endless support and efforts of all organizers and speaker, especially the Lupus Academy, Lupus Inspired Advocacy (LUISA) Rheumatology Educational Trust Foundation, Inc. (RETFI), and Philippine Rheumatology Association (PRA). We would also like to extend our gratitude Astellas Pharma Philippines, Inc. for providing an independent educational grant.