

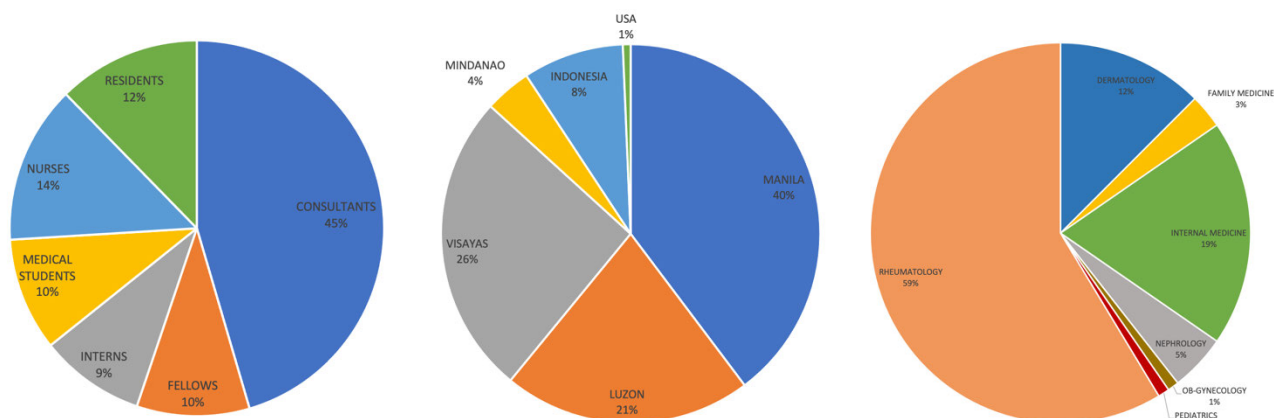
FORGING ALLIANCES in LUPUS: LUPUS ROADSHOW 2020

WEBINAR SERIES

Series 5: Febrile Neutropenia in a Pregnant Lupus with Cutaneous Flare

28 November 2020

Pulling off the 5th series of the Lupus Roadshow webinar is a story of a lupus patient who went thru a steep ride to survival. Attended by 155 participants, we were indulged with practical lessons that are timely and applicable both to lupus and non-lupus patients. It was another two-part event held on Saturday, 28 November 2020, with morning plenary session and afternoon case discussion. We were joined by a multidisciplinary panel and a variety of participants all over the country as well as abroad. The webinar focused on skin manifestations, infection, and important medications in lupus and pregnancy.

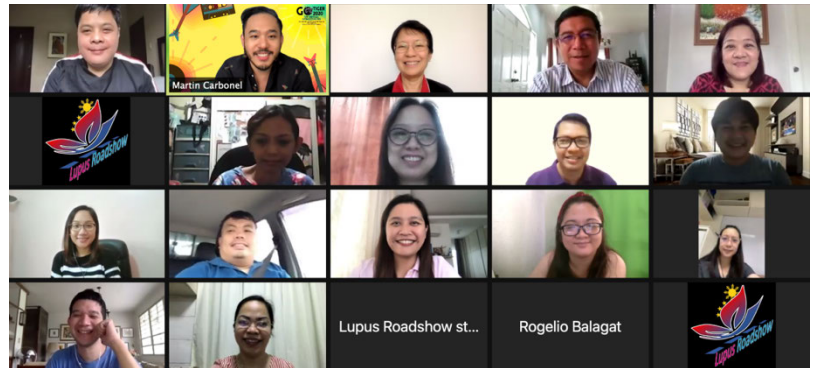


Skin is one of the prominent affected organ in lupus and it cannot be overemphasized that the burden it brings clinically, aesthetically, and psychologically impacts the patients' way of living. There are a lot more and deeper than what we see on the surface of the patient. It was proved in a lecture by Dr. Arnelfa C. Paliza, dermatologist from University of Santo Tomas Hospital (USTH), moderated by Dr. Lyndon John Q. Llamado and Dr. Evan Glenn S. Vista, rheumatologists from the same institution. She emphasized on different classifications of cutaneous lupus erythematosus as well as the pathogenesis, guidelines for treatment, and the importance of using evaluation tools to measure the disease activity and response to management. As interesting as it is, it was even made exciting with questions from the moderators and participants.

The series will not be complete without the highlight of the webinar, the presentation of a case of a lupus patient with prominent cutaneous manifestations who developed febrile neutropenia and sepsis. It was divided into 3 parts where the attendees were delighted by expert panel, Drs. Rogelio A. Balagat and Maria Rhona G. Bergantin, rheumatologic dermatologist from Victor R. Potenciano Medical Center and infectious disease specialists from USTH, respectively. They each shared their expertise and gave much insights on the case especially on the management of refractory cutaneous lupus and causes and risks of infections. We were also refreshed on the classifications and assessment tool for disease activity of cutaneous lupus, an echo from the morning session's lecture. Other issues tackled were causes of neutropenia and the variety of infections the patient had, from bacterial to viral and fungal infections leading to sepsis.



However, it didn't stop there. As a progressive disclosure, it turned out that the patient was pregnant and positive for SARS-Cov2 virus. Joining the panel was Dr. Katherine A. Dela Cruz, OB-Gynecologist from USTH, where she talked about the difficulties in high-risk pregnancies, medications, and outcomes both for the mother and the baby. It was bittersweet in the end when she had an untimely delivery of a premature baby with hyaline membrane disease and malformations.



Organizing committee, case writers and presenters



With lively moderation from Dr. Ma. Theresa M. Collante and Dr. Leonid D. Zamora, attendees were able to convey their comments, reactions, and questions which were well entertained by the panel. It was an afternoon packed with comprehensive discussions and practical applications, both for rheumatologists and non-rheumatologists. To quote one of our professors, lupus is indeed a disease embodiment of internal medicine. Two more series about a never-ending lupus conundrum will stir us up in the incoming discussions about two young lupus patients with neurologic manifestations. Coincidence? We'll soon find out.

LUPUS ROADSHOW 2020 WEBINAR SERIES *Forging Alliances In Lupus*

Never-ending Lupus Conundrum 1-3 PM Saturdays 05 & 12 December 2020

2 SLE patients ♂, ♀ : Prolonged fever with CNS manifestations
23M: Blurring of vision, stroke | **23F:** Endocardial vegetations, seizures, hydrocephalus

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   Register at: bit.ly/ForgingLupus
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