

# “Masterclass: Landmarks in Gout”

14 August 2021

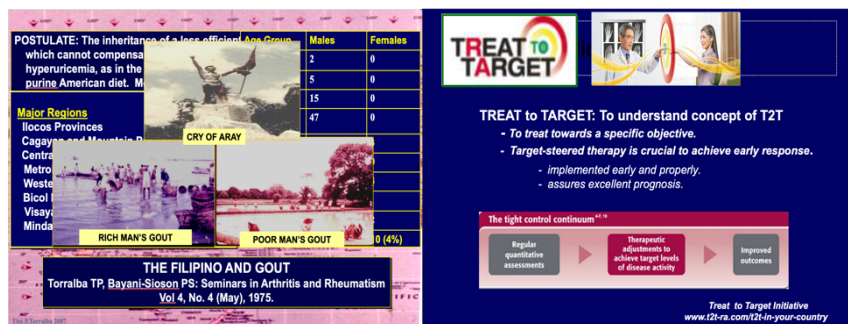
By Eric Ranniel P. Guevarra, M.D.

The University of Santo Tomas Hospital, Department of Internal Medicine-Section of Rheumatology commenced a virtual conference last August 14, 2021 via zoom platform. The discussion was led by Prof. Tito P. Torralba, MD and was moderated by Dr. Millicent T. Ong and Dr. Julie Li-Yu.



Prof. Tito P. Torralba is well-respected as pride and pillar of Philippine Rheumatology. He is an APLAR Master Awardee in 2008, a good leader and an excellent teacher. He is a professor emeritus and was a past dean of the University of Santo Tomas-Faculty of Medicine and Surgery. Currently, he is an active consultant at University of Santo Tomas Hospital and Makati Medical Center.

The conference covered topics on important footprints and chronicled researches and case reports in the Philippine history of gout. He also shared on the background and important points on treat to target approach.



	Males	Females
2	0	
5	0	
15	0	
47	0	

**THE FILIPINO AND GOUT**  
Torralba TP, Bayani-Sioson PS: Seminars in Arthritis and Rheumatism Vol 4, No. 4 (May), 1975.

**TREAT TO TARGET**

**TREAT TO TARGET: To understand concept of T2T**

- To treat towards a specific objective.
- Target-steered therapy is crucial to achieve early response.
  - implemented early and properly.
  - assures excellent prognosis.

**The tight control continuum<sup>SM</sup>**

Regular quantitative assessments → Therapeutic adjustments to achieve target levels of disease activity → Improved outcomes

Treat to Target Initiative  
www.t2t-rs.com/t2t-in-your-country

The event was participated by over 500 individuals from consultants of different specialties, rheumatology fellows, medical residents, post graduate interns and medical clerks from different training hospitals in the different regions of the country. Indeed, it was a special day of learning. We thank you Professor Torralba!