

**RHEUM FOR KIDS AND TEENS ZOOM  
CHRISTMAS PARTY**

December 18, 2022

By: Marjorie Isabelle I. Chan, MD  
Maria Catherine Joyce D. Garcia, MD

Christmas is the most wonderful time of the year... a festive season for gatherings of family and friends and for seeing the special joys of giving.

This year, we celebrated our annual “Rheum for Kids” Christmas Party virtually (due to the COVID-19 pandemic) last December 18, 2022.



Dr. Christine Bernal, the chief of the Department of Pediatrics Section of Rheumatology, organized this activity for the benefit of kids with rheumatic diseases. The Rheumatology fellows facilitated the games, contest, raffle and distributed the prizes to all the participants and winners.

There was a total of 58 participants with different rheumatologic conditions like systemic lupus erythematosus (29), 22 with chronic arthritis (22), HSP (2), dermatomyositis (1) mixed connective tissue disease (1), overlap syndrome (1), chronic recurrent multifocal

osteomyelitis (1) and cutaneous polyarteritis nodosa (1).

Furthermore, 3 generous donors, provided prizes for the games, contests and the much-awaited raffle.

The program started with an opening prayer, followed by the raffles, games and contest. The first game was called “Guess the sound of the Disney voices”. In this first game, participants were asked to identify voices of characters from a certain Disney movie. The participant who gets to answer first, wins the prize.



For the second game, “Finish the lyrics” (Christmas edition), we played Christmas songs and participants were asked to complete the lyrics and name the title of the song. The kids and teens happily sang to the tune and showcased their angelic voices. The first one to sing the correct lyrics and name the title of the song wins the game.



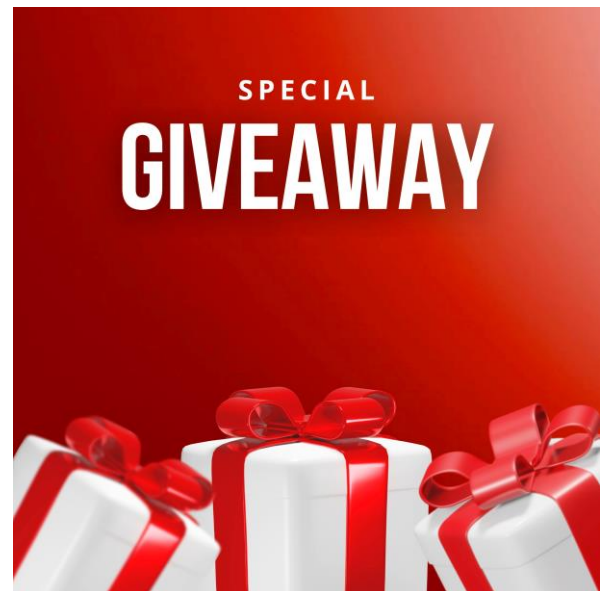
The third game was “The More The Merrier”, which was same as last year’s game. However this year, the categories of the game were of Christmas theme. Categories were the following: Christmas songs, Christmas food and Christmas ornaments. Participants were divided into three groups. The objective of this game is for each group to dictate as many examples per category given by the host. Each group was assigned to a breakout room and was given 10 minutes per category. In this game, we were able to see the competitiveness of all participants. Hence, all of them won in this game!



Due to popular demand, we brought back the Tiktok dance contest for this year. There were 6 participants who shared their dance talents for everyone to see and enjoy. Because of our appreciation for their participation in the Tiktok dance contest, all 6 talented patients received cash prizes by the end of the program.



The much awaited Christmas raffle was done into 4 parts. The first 3 parts of the raffle had 30 winners. The major Christmas raffle winners received a hefty amount of cash prizes! Also, special giveaways were awarded to those patients who showed compliance and importance to their condition.



Before we ended the activity, Dr. Bernal gave the closing remarks, reminding the kids the true reason for this season is the birth of our Lord Jesus Christ. Wishing them good health and happiness for the coming years as well.

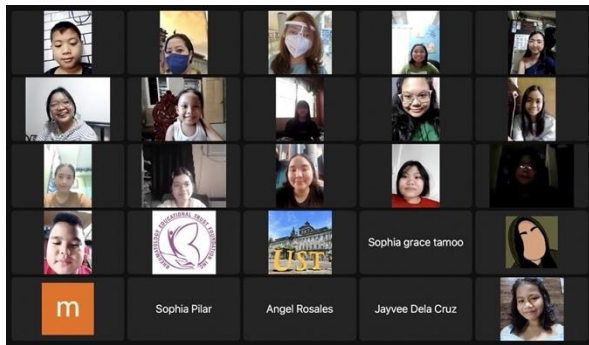
We ended the activity very happy. All participants verbalized that they enjoyed attending the activity. This proved that this celebration was a successful event, a time of sharing and bonding amongst the Pediatric Rheumatology family.

#### ACKNOWLEDGMENTS

1. Dr. Christine Bernal
2. Dr. Eric Guevarra
3. Dr. Peter Daleon
4. Dr. Vincent Luceño
5. Dr. Wendell Española
6. Dr. Lauritzen Rosales
7. Dr. Barbara Jane Panopio
8. Dr. Marivic Bolando
9. Dr. Carmi Mae Pedregosa

#### PHOTO GALLERY

Pic 1 – Participants



Pic 2 – Participants



Pic 3 – USTH Rheumatology

