

# INNOVATING OSTEOARTHRITIS CARE

## BRIDGING TRADITION AND PROGRESS

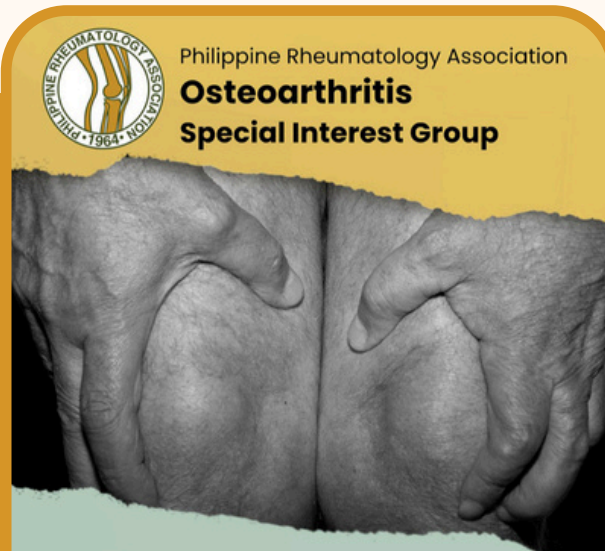
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### REDEFINING CARE

### FOR AN AGE-OLD CONDITION

The Philippine Rheumatology Association's Osteoarthritis Special Interest Group conducted a two-day event titled "Revisiting Osteoarthritis: What's New with an Old Condition?" last November 22-23, 2024 at the Manila Diamond Hotel.

The activity aimed to revisit established concepts and practices related to osteoarthritis and update medical professionals on recent advancements and perspectives in the diagnosis, treatment, and management of osteoarthritis (OA), one of the most common rheumatic conditions.



Philippine Rheumatology Association  
**Osteoarthritis**  
Special Interest Group

**Revisiting Osteoarthritis:  
What's NEW with an OLD  
condition?**

22 - 23 November 2024  
Manila Diamond  
Hotel Ballroom

CPD units  
PRC - 8, PCP - 3, PMA - 4.5



## OSTEOARTHRITIS UNCOVERED

Day one covered management and discussed the next steps in advancing care, limitations of traditional X-rays, role of advanced imaging techniques, overview of progress in biomarker research for OA, impact of artificial intelligence in OA management and explored the use of existing medications in novel ways to treat OA. The day concluded with a Sunset Symposium, offering participants a valuable opportunity to exchange ideas and delve into the key takeaways from the day's discussions.

The second day of the PRA Osteoarthritis SIG continued the momentum of exploring advancements in osteoarthritis (OA) care. It focused on the potential of Disease-Modifying Osteoarthritis Drugs (DMOADs) and the latest advancements in articular cartilage regeneration.

The event successfully wrapped up with a synthesis of key learnings, fostering collaboration and innovation among participants. It reinforced the Philippine Rheumatology Association's commitment to promoting education, advancing rheumatology research, and equipping clinicians with the latest tools to improve osteoarthritis management in clinical practice.

