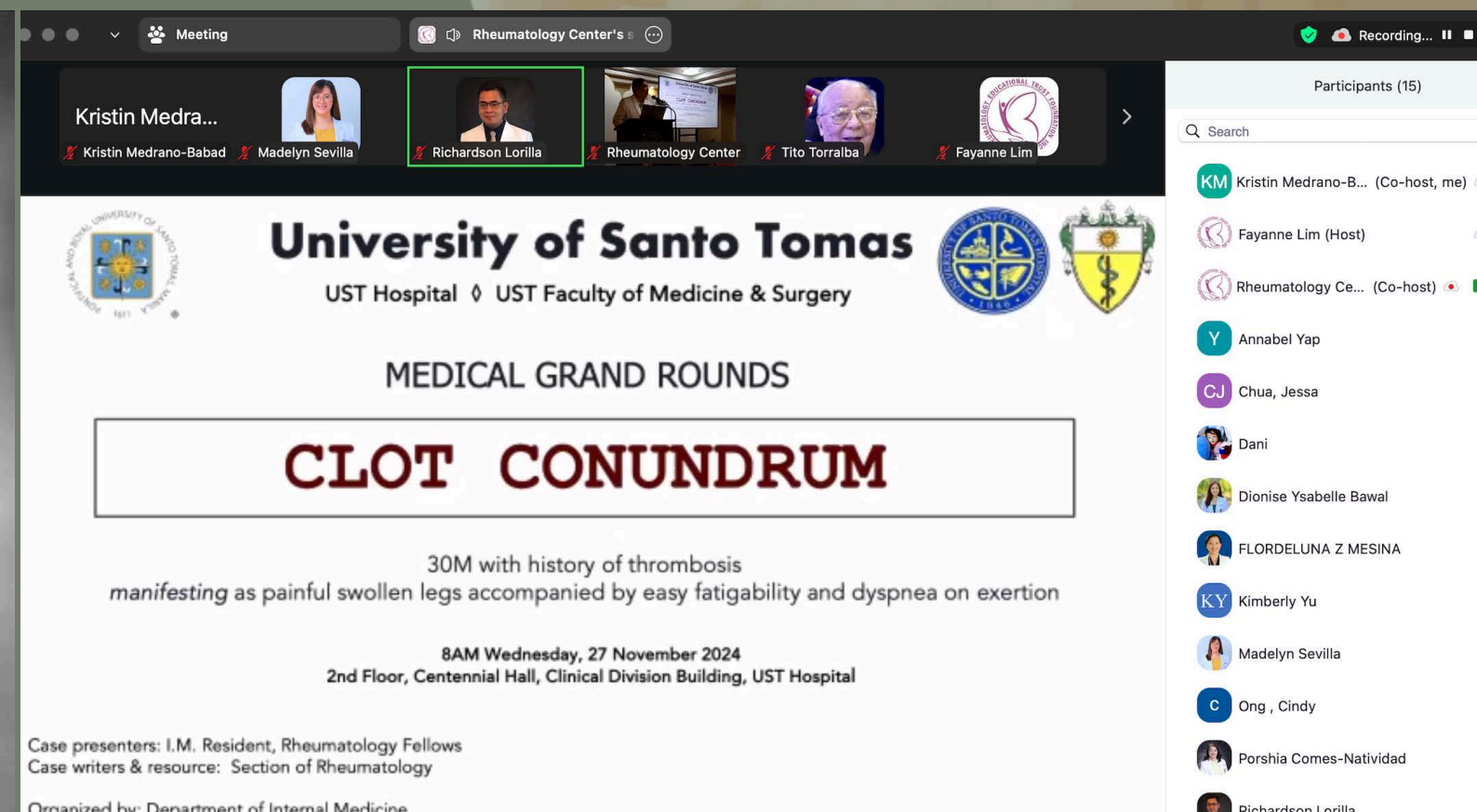


BRIDGING THEORY AND PRACTICE: HIGHLIGHTS FROM MEDICAL GRAND ROUNDS

BY: KRISTIN MEDRANO-BABAD



On November 27, 2024, the Department of Internal Medicine, Section of Rheumatology, presented the medical grand rounds entitled "The Clot Conundrum."

The case, presented by medical resident Dr. Elaine Arenas, centered on a 30-year-old male with a history of thrombosis, manifesting as painful swollen legs, easy fatigability, and dyspnea on exertion. The patient was managed as a case of deep vein thrombosis secondary to systemic lupus erythematosus (SLE) with antiphospholipid syndrome. Other considerations included coronary artery disease, heart failure with mid-range ejection fraction, and peripheral arterial occlusive disease.

Following the case presentation, Rheumatology fellows Dr. Sephora Matilos and Dr. Norwin Bation provided a comprehensive overview on lupus nephritis and antiphospholipid syndrome (APS), highlighting the unique presentation of the patient including the possibility of warfarin-induced nephropathy.

Actively participating in the ensuing interactive discussion were colleagues from Cardiology Dr. Cyrus Zalamea, who elaborated on the patient's 2D echocardiography results and discussed treatment options for APS patients requiring anticoagulation but experiencing warfarin toxicity. Nephrology fellow Dr. Paulette Doloritos, provided insights on differentiating between lupus nephritis and warfarin-related nephropathy, as well as the utility of kidney biopsy in such cases.

The activity concluded with a lively exchange of ideas among the attendees, fostering a collaborative discussion on the challenging case and its complexities.